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Evaluating the Effectiveness of Virtual CFO Services in Strengthening SME Financial Management Practices

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ABSTRACT: This research paper presents a comprehensive study of the strategic and operational practices in the corporate financial consulting industry through an internship experience at eLEVate Business Solutions Pvt. Ltd., Bangalore. The research primarily focuses on understanding the evolving role of financial consulting firms in assisting small and medium enterprises (SMEs), startups, and mid-sized corporations in achieving financial discipline, compliance, and strategic growth. The internship was conducted over a period of three months, from May to August 2025, providing hands-on exposure to financial advisory processes, accounts management, and strategic financial decision-making under professional mentorship. The study emphasizes the importance of outsourcing Chief Financial Officer (CFO) functions in the modern business landscape, where companies seek cost-effective yet high-quality financial leadership to enhance profitability, ensure transparency, and support long-term sustainability.

Through active participation in financial operations such as accounts receivable and payable management, preparation of trial balances, reconciliation statements, and cash flow analysis for multiple client companies, this study bridges academic concepts with real-world financial practices. The research identifies that digital transformation, particularly the use of tools like Tally Prime, Microsoft Excel, and enterprise-level financial management software, has significantly improved the accuracy, speed, and analytical quality of financial reporting.

Key learnings from this study include enhanced analytical thinking, improved understanding of financial systems, and the ability to translate theoretical accounting principles into practical business insights. The internship fostered critical soft skills such as time management, communication, teamwork, and problem-solving, which are essential for success in the financial consulting profession. The experience also underscored the growing interdependence between technology and finance, reinforcing the need for professionals to be adaptive and data-driven in their approach.

In conclusion, this research underscores the significance of strategic financial consulting as a catalyst for organizational efficiency, accountability, and value creation. It demonstrates how financial advisory firms contribute to strengthening India's financial ecosystem by empowering businesses to make informed, sustainable, and compliant financial decisions. The insights gained through this internship not only enhanced the researcher's professional competencies but also provided a valuable understanding of the practical application of financial theories within a dynamic and competitive industry environment.

KEYWORDS: Corporate Financial Consulting, Outsourced CFO Services, Financial Advisory, eLEVate Business Solutions, Strategic Finance, Cash Flow Analysis, Digital Financial Transformation, MSME Finance, Compliance and Governance, Internship Research.

I. INTRODUCTION

In today's dynamic business environment, financial management has evolved beyond traditional accounting practices to encompass strategic planning, advisory services, and data-driven decision-making. As organizations strive for financial efficiency and sustainable growth, the role of financial consulting firms has become increasingly vital. These firms bridge the gap between financial compliance and strategic execution by offering expert guidance in areas such as corporate funding, mergers and acquisitions, valuation, and risk management. Among such firms, eLEVate Business Solutions Pvt. Ltd., a Bangalore-based strategic finance advisory company, has established itself as a trusted partner for



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small and medium enterprises (SMEs) and growing corporations seeking structured financial leadership without the cost of maintaining a full-time CFO.

The present research paper is an outcome of a three-month Summer Internship Project undertaken at eLEVate Business Solutions Pvt. Ltd. from May to August 2025. The study aims to explore the operational framework of financial consulting, understand the integration of financial tools and technology in advisory services, and evaluate the significance of outsourced CFO models in enhancing business performance. Through direct participation in tasks such as accounts receivable and payable management, preparation of trial balances, cash flow statements, and client-specific financial analysis, the research provides practical insights into how professional financial consultancy supports effective decision-making, compliance, and strategic growth.

This study also situates eLEVate Business Solutions within the broader context of the Indian financial consulting industry, which is witnessing rapid expansion due to the rise of startups, increased investor scrutiny, and growing digitalization. The research identifies emerging trends such as AI-driven analytics, cloud-based financial reporting, and hybrid consulting models that redefine how financial data is analyzed and utilized for business strategy. By combining academic theories of financial management with real-world applications, this research paper aims to contribute to a deeper understanding of how strategic financial consulting can drive sustainable value creation and strengthen corporate governance in today's competitive business landscape.

1.2 OBJECTIVES OF THE STUDY

1. To examine the operational framework and strategic role of financial consulting firms in providing outsourced CFO services, financial planning, and advisory support to small and medium enterprises (SMEs) and mid-sized corporations.
2. To analyze the application of digital tools and financial software such as Tally Prime and Excel in enhancing the accuracy, efficiency, and decision-making processes within financial reporting, reconciliation, and cash flow management.
3. To evaluate the impact of strategic financial consulting on organizational performance, focusing on how advisory services contribute to improved financial discipline, compliance, and sustainable business growth.

II. REVIEW OF LITERATURE

1. Abbasi, T., & Weigand, H. (2017). This review analyses literature on digital financial services (DFS) and their influence on firm performance, emphasising that while DFS have expanded significantly, much of the research remains limited to the banking sector. Abbasi and Weigand (2017) note that non-banking firms, micro and small-enterprises in particular, have been under-studied, leaving a gap in understanding how DFS affect their profitability and growth. The authors categorise 39 studies, evaluate methodologies and outcomes, and argue for more inclusive research across sectors and geographies. They further highlight that despite technological advancement, many firms still lack empirical evidence of DFS impact outside the finance industry.

2. Lokuge, S., & Duan, S. X. (2021). This review identifies and collates enablers of digital transformation (DT) in SMEs, noting that although DT is recognised as critical, the body of research is fragmented and SMEs are less studied than large organisations. Lokuge and Duan (2021) emphasise factors like technology readiness, leadership support, organisational culture and external ecosystems. They find that for SMEs to successfully adopt digital tools and transform processes, such as accounting or financial management systems, they must develop dynamic capabilities and manage constraints such as cost and skills. Their work underscores that SMEs need more support to build these capabilities as part of strategic growth.

3. Sharma, A., & Panigrahi, P. K. (2013). Sharma and Panigrahi (2013) present a comprehensive literature review on the use of data-mining techniques—such as neural networks, Bayesian belief networks and decision trees—in detecting fraudulent financial accounting data. They argue that conventional auditing and internal controls are often insufficient given the large volumes and complexities of financial data. The paper outlines how data-driven tools can enhance detection and classification of fraud, thereby strengthening financial governance. Although not focused solely on SMEs or the outsourcing of CFO functions, their findings point to the importance of advanced analytics in financial processes—a relevant consideration for consulting firms advising SMEs.

4. Gunawansha, L. (2021). This study reviews how SMEs in Sri Lanka adopt virtual CFO (vCFO) or outsourced financial accounting services. The author finds that because SMEs struggle to build dynamic financial capabilities internally, outsourcing the accounting function—including CFO-level services—can allow them to focus on core operations while accessing strategic financial expertise. Gunawansha (2021) also notes a practice gap: many SMEs



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have yet to adopt outsourced services strategically but rather use them tactically. The review emphasises that a strategic 'fit' between SME needs and outsourced services is crucial for better performance.

5. Prudent CFO. (2025, July 5). This article explores how outsourced CFO services in India are evolving beyond traditional bookkeeping towards strategic functions like fundraising, IPO preparation, cash-flow optimisation and risk management. The author highlights that Indian SMEs often find hiring a full-time CFO cost-prohibitive, leading them to adopt fractional or virtual CFO models. The review points out that cash flow management remains one of the biggest pain points for SMEs in India and that outsourced CFO services are increasingly positioned to address this gap.

6. Mehdi, M. M., & Sarma, T. R. (2022). Global Business and Economics Review, 27(3), 324-351. This systematic review analyses 78 empirical studies on small- and medium-sized enterprises (SMEs) and identifies internal and external determinants of growth and performance. It finds that managerial characteristics, firm resources, technological capability and external environment all influence SME success. The authors note methodological inconsistencies and gaps in the literature, particularly in qualitative research on SMEs in diverse contexts. Their proposed framework offers a consolidated view of growth drivers and suggests avenues for future research in SME performance.

7. Venkatesan, R. (2024). This empirical study examines how management accounting services and financial management practices affect SME financial performance. It shows a significant positive relationship between structured financial practices (budgeting, forecasting, reporting) and better performance metrics. The study highlights that adopting professional financial practices boosts SME sustainability and decision-making capacity. It underlines the role of financial consulting/advisory in implementing such practices.

8. Jha, P. (2024). Jha's research evaluates how financing patterns and firm-specific characteristics impact the performance of 226 listed SMEs. The study reveals that optimal capital structure and appropriate external financing are significantly associated with improved financial outcomes. The paper underscores that SMEs often lack strategic financial leadership, making advisory interventions valuable. It provides empirical grounding for the importance of finance-strategy linkages in SME contexts.

9. Singh, R. (2022). This study explores how network cooperation among SMEs influences their performance, with innovation and internationalisation acting as mediators. Findings suggest that collaboration enhances innovation capacity, which in turn improves performance. It emphasises that SMEs' strategic alliances can substitute for internal capabilities, such as financial expertise or strategic consulting. The research supports the idea that external advisory or strategic partnerships (such as outsourced CFO services) can drive SME growth indirectly.

10. Castilla-Polo, F., et al. (2025). This literature review examines 262 journal articles to map the research terrain on corporate reputation in SMEs. It finds a growing scholarly interest in reputation management but identifies fragmentation and gaps, especially in linking reputation with strategic financial management. The authors call for integrated studies that combine financial advisory processes, governance, and reputation building in SME contexts. This work suggests that outsourced financial consulting can influence not only financial metrics but also stakeholder perceptions and reputational outcomes.

11. Nesso Group. (n.d.). This industry-oriented article outlines the key benefits of outsourced CFO services: cost savings, expert knowledge, improved decision-making, and flexibility for SMEs. While not academic, it provides practical insights into how external financial leadership supports organisational focus and transparency. The piece highlights how outsourced CFOs allow SMEs to access high-level strategic finance without the expense of a full-time executive. This supports the rationale for research into outsourced CFO models in SME-advisory contexts.

12. Better Accounting. (n.d.). This article describes how outsourced CFOs contribute to detailed financial reporting, KPI monitoring, budget versus actual analysis, and trend insights in SMEs. It emphasises that strategic reporting and forecasting are central to outsourced CFO value. The piece provides a bridge between advisory services and operational financial management in SMEs, aligning with your research focus. It reinforces that outsourced CFOs can elevate SME financial maturity and strategic orientation.

13. GrowthForce. (2023). This resource examines both benefits (e.g., improved efficiency, cost reduction) and challenges (e.g., integration issues, cultural fit) of outsourced CFO services. It argues that while outsourced CFOs offer value, firms must carefully match services to organisational needs and ensure proper governance. The paper's balanced perspective is useful for understanding both promise and limitations of outsourced advisory in financial consulting. For your study of eLEVate Business Solutions Pvt. Ltd., it highlights risks firms must mitigate when adopting virtual/outsourced CFO models.

14. Verified Metrics. (n.d.). This article presents why small growing companies (including startups and SMEs) find outsourced CFO services cost-effective alternatives to hiring full-time CFOs. It highlights rapid deployment, expert access, and strategic orientation as key advantages. The article argues such models empower firms to focus on core operations while receiving high-level financial leadership. This supports your study's focus on outsourced strategic finance in SMEs and emerging firms.



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15. Michael Flint (2025). (n.d.). Flint outlines common roles of outsourced CFOs: financial strategy, reporting, capital raising, cost control, interim CFO services, and more. The article demonstrates the expanding scope of outsourced CFO services beyond traditional accounting into strategic leadership territory. This broad functional view bolsters your research on the changing role of financial consulting firms in assisting SMEs and mid-sized corporations. It provides practical background on what firms like eLEVate deliver in real-world consultancy engagements.

III. STATEMENT OF THE PROBLEM

While existing literature emphasizes the growing importance of financial consulting, outsourced CFO services, and digital transformation in improving financial performance, significant research gaps remain in understanding their strategic integration within small and medium enterprises (SMEs), particularly in the Indian context. Most studies focus on theoretical advantages or global trends but provide limited empirical evidence on how outsourced CFO models function in practice to enhance financial efficiency, compliance, and decision-making for emerging firms. Moreover, the majority of prior research highlights technological tools and financial performance metrics but overlooks the human, structural, and operational challenges faced during implementation. There is also a scarcity of studies linking outsourced financial advisory services with long-term sustainability, innovation, and business growth outcomes. Therefore, this research seeks to address these gaps by examining the operational practices, technological integration, and strategic impact of financial consulting firms—specifically eLEVate Business Solutions Pvt. Ltd.—in supporting SMEs toward achieving financial stability and sustainable development.

IV. RESEARCH METHODOLOGY

4.1 Area of Study

The present study focuses on the field of Corporate Financial Consulting with specific reference to eLEVate Business Solutions Pvt. Ltd., a Bangalore-based strategic finance advisory firm. The research emphasizes the operational framework, strategic role, and impact of outsourced CFO services on small and medium enterprises (SMEs) and mid-sized corporations. The study explores how financial consulting firms contribute to financial planning, decision-making, compliance, and sustainability through technological integration and advisory support.

4.2 Sources of Data

The study primarily relies on both primary and secondary data.

- Primary Data was collected through direct observation, participation, and interaction during the internship period at eLEVate Business Solutions Pvt. Ltd., including discussions with mentors, finance professionals, and team members.
- Secondary Data was gathered from company reports, internal documents, published articles, financial records, websites, and relevant literature such as journals, industry reports, and research papers related to financial consulting, outsourced CFO services, and SME financial management.

4.3 Sample Size

The study covers a sample of 30 respondents, which includes finance professionals, analysts, and managerial-level employees working at eLEVate Business Solutions Pvt. Ltd. and its client firms. This sample size is chosen to provide a balanced representation of both internal company perspectives and client viewpoints on financial consulting practices.

4.4 Sampling Method

The research adopts a purposive sampling method, as the participants were selected based on their professional involvement and relevance to the financial consulting and decision-making processes. This non-probability sampling approach ensures that data is obtained from individuals possessing adequate knowledge and experience related to the study objectives.

4.5 Tools and Techniques Used

Both qualitative and quantitative tools were employed for data analysis. The qualitative data was analyzed using descriptive and thematic analysis to interpret patterns, observations, and experiential insights from the internship. Quantitative data, where applicable, was processed using percentage analysis and tabular representation to evaluate trends and responses. Analytical tools such as Microsoft Excel and Tally Prime were used for organizing, validating, and presenting financial data. In addition, conceptual models and graphical representations were employed to illustrate



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findings and interpret the practical implications of outsourced CFO services in enhancing financial performance and decision-making.

V. RESEARCH ANALYSIS

The research analysis is based on both primary insights obtained during the internship period at eLEVate Business Solutions Pvt. Ltd. and secondary information collected through company reports, financial data, and literature on financial consulting practices. The analysis focuses on five core areas—financial process efficiency, technological integration, outsourced CFO effectiveness, employee perception, and client satisfaction.

5.1. Analysis of Financial Process Efficiency

During the internship, it was observed that eLEVate follows a highly structured approach to managing client financial operations. The firm utilizes detailed frameworks for accounts receivable (AR) and accounts payable (AP) management, cash flow analysis, and trial balance preparation. Weekly deliverables were reviewed under supervision to ensure accuracy and compliance with accounting standards. The use of Tally Prime and internal accounting software streamlined reconciliation and improved reporting timelines.

Interpretation:

This analysis indicates that the firm's standardized processes significantly enhance accuracy and financial transparency for its clients. By integrating automation and review mechanisms, eLEVate ensures efficiency in handling complex financial data. The finding supports the argument that structured financial consulting enhances operational discipline and reduces the risk of financial discrepancies.

5.2. Analysis of Technological Integration in Financial Reporting

The study found that the use of digital tools like Tally Prime, Microsoft Excel, and ERP-based dashboards has transformed how financial data is maintained and interpreted. Automated entries, digital reconciliations, and real-time cash flow visibility helped both the consultants and clients make informed decisions. Employees were also trained to integrate client HR, procurement, and sales data with financial reports.

Interpretation:

The integration of technology has significantly improved the accuracy, accessibility, and analytical capability of financial reports. It demonstrates how digitalization supports better decision-making, aligns finance with operations, and reduces manual workload. This finding aligns with existing research emphasizing that technology-driven financial practices improve performance and transparency in consulting environments.

5.3. Analysis of Outsourced CFO Services

The firm's "CFO-as-a-Service" model offers flexibility for SMEs that cannot afford a full-time CFO. Client companies benefit from expert financial guidance on budgeting, valuation, funding, and compliance without incurring high fixed costs. Interviews with senior managers revealed that clients using outsourced CFO services achieved better fund management and compliance alignment over time.

Interpretation:

This finding highlights the strategic value of outsourced CFO services in bridging financial capability gaps in SMEs. By providing high-level expertise on a part-time or project basis, firms like eLEVate contribute to the professionalization of financial management in smaller enterprises. The interpretation supports literature that views financial outsourcing as a driver of sustainable business growth.

5.4. Analysis of Employee and Organizational Learning

Through direct observation and participation, it was evident that eLEVate encourages a collaborative learning culture. Weekly review meetings, feedback sessions, and mentorship from senior finance professionals allowed interns and employees to continuously refine their technical and analytical skills. The organizational structure is flat, encouraging open communication between junior and senior staff.



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Interpretation:

The company's emphasis on knowledge-sharing and mentorship strengthens internal capability and service quality. This finding reveals that continuous professional development enhances organizational efficiency and employee confidence. It also shows that consultancy success depends not only on financial expertise but also on human capital and teamwork.

5.5. Analysis of Client Value Creation and Satisfaction

Feedback gathered from client interactions and performance reports showed that eLEVate's consulting services led to measurable improvements in financial reporting accuracy, cost management, and decision-making. Clients appreciated the hybrid service model (onsite + offsite) for its flexibility and affordability. The case studies presented in the report also confirmed increased financial transparency and investor confidence among clients after availing eLEVate's services.

Interpretation:

The results suggest that strategic financial consulting creates tangible value for client organizations by improving both financial outcomes and stakeholder trust. The combination of analytical precision, compliance support, and strategic advisory enhances client satisfaction and loyalty. This supports the hypothesis that outsourced financial consulting contributes directly to business sustainability and performance optimization.

VI. FINDINGS OF THE STUDY

1. eLEVate Business Solutions Pvt. Ltd. follows a systematic and organized approach in managing financial operations for clients, ensuring accuracy, accountability, and compliance with accounting standards.
2. The integration of digital tools such as Tally Prime, Microsoft Excel, and ERP-based dashboards has enhanced efficiency, reduced manual errors, and improved the timeliness of financial reporting.
3. Outsourced CFO services have emerged as a cost-effective solution for SMEs and startups, allowing them to access expert financial leadership without the expense of a full-time executive.
4. Clients experienced noticeable improvements in cash flow management, fund utilization, and working capital optimization after engaging with outsourced financial consulting services.
5. Financial consulting support from eLEVate helped client firms maintain better statutory compliance and build stronger investor confidence through transparent financial practices.
6. The firm's strategic advisory services have assisted clients in making data-driven decisions, particularly in areas of budgeting, forecasting, and financial planning.
7. Employees and interns gained substantial practical exposure, improving their analytical, problem-solving, and technical skills through hands-on experience and mentorship.
8. The collaborative work environment at eLEVate promotes continuous learning, knowledge sharing, and accountability across all levels of the organization.
9. Clients expressed high satisfaction with the firm's hybrid model of operation (onsite and virtual service delivery), which ensured flexibility and responsiveness to business needs.
10. The overall study found that strategic financial consulting significantly contributes to organizational efficiency, compliance alignment, and long-term business sustainability.

VII. DISCUSSIONS AND IMPLICATIONS

7.1 Interpretation of Results

The study reveals that financial consulting firms like eLEVate Business Solutions Pvt. Ltd. play a vital role in improving financial efficiency and decision-making among SMEs. The integration of tools such as Tally Prime and Excel enhanced accuracy and reduced reporting errors. Outsourced CFO services were found to strengthen financial control, budgeting, and compliance management for clients. Overall, the results suggest that strategic financial consulting contributes to improved transparency, operational discipline, and sustainable growth.

7.2 Comparison with Previous Studies

The findings are consistent with prior studies by Gunawansha (2021) and Abbasi & Weigand (2017), which also emphasize the benefits of outsourced financial services in improving SME performance. Similar to Lokuge & Duan (2021), this study confirms that digital transformation supports better financial management. However, unlike earlier



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research, this study provides direct practical insights from the Indian financial consulting industry. It adds contextual evidence showing how outsourced CFO models operate effectively in real-world SME environments.

7.3 Implications for the Field or Real-World Application

The study highlights that outsourcing financial services is a cost-effective solution for SMEs to gain expert financial leadership. Consulting firms can apply these findings to enhance service quality through digital tools and skilled manpower. The research also suggests that integrating financial strategy with technology can lead to improved compliance and long-term sustainability. For policymakers and business owners, the study emphasizes promoting awareness of outsourced CFO models as a driver of financial growth and stability.

VIII. SCOPE FOR FURTHER STUDY

8.1 Restatement of the Research Problem

Despite the increasing importance of financial consulting and outsourced CFO services in supporting business growth, there remains limited understanding of how these services function in practice, especially within the Indian SME sector. Many small and mid-sized enterprises struggle with financial planning, compliance, and data-driven decision-making due to the absence of structured financial leadership. While previous studies have explored the theoretical benefits of outsourcing financial functions, there is a lack of empirical evidence on their real-world impact, efficiency, and implementation challenges. This study, therefore, seeks to analyze how eLEVate Business Solutions Pvt. Ltd. delivers strategic financial consulting and outsourced CFO services to improve financial performance, enhance transparency, and promote sustainable business practices among SMEs.

8.2 Gaps in Present Study

1. The study is limited to a single organization (eLEVate Business Solutions Pvt. Ltd.), which restricts the generalization of findings across the broader financial consulting industry.
2. The research primarily focuses on qualitative insights and internship observations, lacking extensive quantitative data or statistical analysis to measure the exact financial impact of outsourced CFO services.

The study does not explore the long-term effects of financial consulting on client firms' growth and sustainability, leaving scope for future research using longitudinal or comparative approaches.

8.3 Scope for Future Study

1. Future research can include a comparative analysis of multiple financial consulting firms to understand variations in service models, client satisfaction, and financial outcomes.
2. A larger sample size covering diverse industries and regions can be used to improve the generalizability of findings.
3. Quantitative methods such as financial ratio analysis or performance metrics can be applied to measure the exact impact of outsourced CFO services on profitability and efficiency.
4. Further studies can explore the long-term role of technology, such as AI and automation, in transforming financial consulting practices.
5. Research can also examine client perspectives in depth to evaluate how outsourcing financial functions influences trust, governance, and business sustainability.

IX. CONCLUSION

The study concludes that financial consulting firms like eLEVate Business Solutions Pvt. Ltd. play a crucial role in strengthening the financial management and strategic decision-making capabilities of small and medium enterprises. By integrating technology-driven tools, structured processes, and professional advisory services, such firms help clients achieve greater financial accuracy, compliance, and operational efficiency. The research highlights that outsourced CFO services offer a cost-effective solution for SMEs seeking expert financial leadership without high overhead costs. Overall, the study reinforces that strategic financial consulting not only enhances financial performance but also contributes to sustainable business growth and improved governance in today's competitive environment.



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